



Professional Development + Training courses events offered by IOL Organisational Members

Supervision Group for Outdoor Professionals and Psychotherapists

A Group Facilitated by Clinical Supervisors from the Association of Outdoor Therapy. This online supervision group is for diverse professionals working therapeutically and psychotherapeutically in the outdoors. The intention is to co-create a space where together we can share, reflect and learn collaboratively, with the hope of developing our practice in the outdoors and fostering our professional development.

The group takes place online on a Friday morning (9.30-11.30am GMT/BST) once a month for ten months. We ask that you endeavour to attend all ten sessions. The group will have a maximum of 12 people.

The dates are: 9th October 2026, 13th November 2026, 11th December 2026, 8th January 2027, 12th February 2027, 12th March 2027, 9th April 2027, 14th May 2027, 11th June 2027 & July 9th 2027

General Fee: £550 (£55 per session)

AOT / IOL Member Fee: £500 (for members of AOT / IOL, £50 per session)

Reduced Fee: £350 (two reduced places for those on a low income £35 per session. This is provided that the minimum number of places have been filled.)

Organisational Fee: £700 (for members paid for by an organisation, £70 per session)

Because of the nature of the group, it is necessary to pay for all 10 sessions even if you can not attend all of them, and this fee is non-refundable apart from in extenuating circumstances.

Full details and application form: <https://www.outdoor-learning.org/resource/supervision-group-for-outdoor-professionals-and-psychotherapists.html>

Evening Nordic Walking for the fells, Ullswater

4th August 2026, 5:30 pm–8:30 pm

Hiking Highs.

Meet at Glenridding Tourist Information, Beckside Car Park, Glenridding, Penrith. £43 per person.

T: 07976949488 Email: nicola@hikinghighs.co.uk

Booking link: <https://www.sientries.co.uk/event/nordic-walking-for-the-fells-ullswater-2026-7>



Outdoor Instructor Training

July – October 2026 (4 months)

With Active Outdoor Pursuits. Venue: Cairngorms National Park, Scotland.

A unique and immersive program from the leading outdoor training provider and true centre of excellence in the Scottish Highlands for over 20 years.

Price – From £6,995

Contact info – www.activeoutdoorpursuits.com t.01540210000



Kepp Adventure's Outdoor Instructor Training Course

First term, from 12/10/2026 till a winter break starting 7/12/2026 (8 weeks)

Second term, from 18/1/2027 till 2/4/2027 (11 weeks).

The Keppleway Centre. Kick start your career of adventure with Kepp Adventure's Outdoor Instructor Training Course. Based in the Lake District, Keppleway offers day and residential outdoor activities in The Lake District National Park using the nearby lakes and fells. Whether you're starting a new career, seeking professional growth, or navigating midlife shifts, Keppleway outdoor instructor training offers real adventure, real progression and real results.

£10,000 per person (this includes food and accommodation during the course)

Residential Accommodation Included: includes full bed and board during both terms of the course in the Keppleway Centre. To apply or for more information email: training@keppleway.org.uk

<https://www.keppleway.org.uk/contact-8>

Climbing for All - Professional Development for Inclusive Climbing Instruction



25 Sept 26.

Bendrigg Trust, Cumbria. £95

<https://www.bendrigg.org.uk/beyond-bendrigg/training-for-individuals/>

Accessible adventures – Disability awareness, accessibility, and inclusion for outdoor instructors



17 Oct 26.

Bendrigg Trust, Cumbria. £140 per person / £100 charity and educaGon rate.

<https://www.bendrigg.org.uk/beyond-bendrigg/training-for-individuals/>

More Than Just a Warm Welcome - Disability Awareness, Accessibility and Inclusion for the Tourism and Hospitality Sector



21 Oct 26.

Bendrigg Trust, Cumbria. £140 per person

<https://www.bendrigg.org.uk/beyond-bendrigg/training-for-individuals/>

Know before you go webinar – Developing pre-visit informaGon and processes to help welcome disabled visitors



Dates TBC

Bendrigg Trust, Cumbria

<https://www.bendrigg.org.uk/beyond-bendrigg/training-for-individuals/>

Balancing burnout and brilliance webinar – An introduction to resilience, burnout, and compassion fatigue



Dates TBC

Bendrigg Trust, Cumbria

<https://www.bendrigg.org.uk/beyond-bendrigg/training-for-individuals/>



Leader in Outdoor Learning Level 2

Wed 22nd July 2026 09:00 - Fri 24th July 2026 17:00

Bishops Wood, Stourport-on-Severn, DY13 9SE. £395

T: 01743 852100 T: 01299 250513

enquiries.bw@field-studies-council.org

<https://www.field-studies-council.org/courses-and-experiences/static/courses/leader-in-outdoor-learning-level-2/>

The [AIM Qualifications](#) Leader in Outdoor Learning Level 2 takes part over 3 days and gives those who wish to bring learning into an outdoor environment the skills, understanding and confidence to do this.

Learners must complete a total of 7 credits to achieve this qualification.

Please note this course is non-residential.

Components covered:

Benefits of Outdoor Learning

Using the latest research, discover the impact and benefits of outdoor learning. Learn how outdoor learning enhances a child's wellbeing and life skills and how the latest research can be incorporated into outdoor sessions.

Learning in the Natural Environment

Gain skills and knowledge to enable you to deliver outdoor learning sessions with links to the curriculum. You will plan your own 3 outdoor learning activities, look at the role of adults in supporting outdoor learning and create a curriculum plan related to your own site.

Engaging Children with Local Wildlife

Learn about local wildlife enabling you to deliver outdoor sessions that support children's natural curiosity. You will learn good practice for engaging children with local wildlife, identify wildlife resources in your locality and participate in hands on wildlife identification, building your skills and confidence.

Health and Safety in the Natural Environment

Gain the knowledge and skills to keep yourself and others safe whilst delivering outdoor learning sessions. You will understand the hazards and risks associated with outdoor learning, learn to carry out site and risk benefit assessments for your own outdoor learning sessions, plus what procedures you will need in place and how to write these.

Using and improving the School Grounds and the Natural Environment

Learn how to implement good practice in using and improving the school grounds and natural environments you work in. Identify the barriers to outdoor learning and how to overcome these. Explore how to develop your grounds enhance the natural environment to benefit wildlife and learning.