



First Aid courses events offered by IOL Organisational Members



Outdoor First Aid Training

15-16 October. Swansea.

Forest School Swansea, Neath, Port Talbot

£150 inc VAT. T: 01792 367118

<https://www.forestschoolsnp.org.uk/training-course/outdoor-paediatric-first-aid-delivered-by-red-dragon-1st-aid/>

16 Hours Outdoor First Aid Course

5-6 Oct, 1-2 Nov, 24-25 Jan, 7-8 Mar

Moray Sports Centre, Linkwood, Elgin

Karen Cox, 01343 549571 #1 karen.cox@outfitmoray.com www.outfitmoray.com/first-aid-courses

<https://bit.ly/outfit-moray-first-aid>

NUCO 16 hr Outdoor First Aid Course and One day emergency Outdoor First Aid

Courses are available throughout the year with discounts for IOL members.

Attitude Swim Coaching Ltd

Venue: Weeton, Preston PR4 3HT. Cost: £125 IOL Member £90

One day emergency Outdoor First Aid also available Sat 13th Cost £70, IOL Member £50.

www.attitudeswimcoaching.org

ITC Level 3 Award in Outdoor First Aid

20 Oct, 6 Nov, 1 Dec 2025

Elements First Aid. Brighton, E. Sussex. £170.

01273 707851

<https://www.elementsfirstaid.co.uk/scheduled-courses>

Outdoor First Aid (ITC)

Tues 11th & Wed 12th Nov 2025, Thu 22nd & Fri 23rd Jan 2026, Wed 25th & Thurs 26th March 2026

Notts Outdoors. Sutton in Ashfield, Nottinghamshire. £135.

01433 650309

FirstAidTraining@nottsgov.uk

<https://nottsoutdoors.cinolla.com/stmichaels/course/outdoor-first-aid-incident-management-2>

First Aid in the Outdoors for Outdoor Educators (Including Paediatrics)

24th November - 25th November 2025

Field Studies Council, Bishops Wood, Stourport-on-Severn. £195

01743 852100 01299 250513 enquiries.bw@field-studies-council.org

<https://www.field-studies-council.org/courses-and-experiences/static-courses/first-aid-in-the-outdoors-for-outdoor-educators-including-paediatrics/>

Paediatric & Forest School First Aid

22-23 Oct, 19-20 Nov 2025

The Outdoors Group, Leeford Woods, Exmouth, Devon. £225.00.

07719 103280

training@outdoorsgroup.co.uk

<https://www.outdoorsgroup.co.uk/first-aid>

2 day Advanced First Aid: Outdoor First Aid, Emergency First aid at Work, Paediatric First Aid

Thursday & Friday 16th & 17th Oct 2025 / Thursday & Friday 20th & 21st Nov 2025. £150

Arthog Outreach – Telford & Wrekin Council. Telford. www.arthog.co.uk outreach@arthog.co.uk Tel: 01952 387378 Booking through: Telford Business Services

1-Day Emergency First Aid at Work- Band 2 - IOL ALIGNED

2-Day Emergency First Aid at Work - Band 3 - IOL ALIGNED



Outwardly Mobile First Aid.

Aviemore.

Full details and dates. <https://www.outwardlymobile.co.uk/emergency-first-aid/>

Forest Schools 16 Hour First Aid (VTQ) - IOL ALIGNED



SA First Aid Training.

Contact for dates. <https://www.safirstaidtraining.com/Contact-Us/>

Prices for 16 hr Forest School First Aid: up to 4 delegates £180 pp incl, up to 6 delegates £150 pp incl, from 6 up to 12 delegates £120 pp incl

Pricing includes First aid kit, certification for Forest school first aid and 12 hour Paediatric First Aid, Forest school casualty cards, Instructor fee and consumables.

<https://www.safirstaidtraining.com/>