



Association for
Outdoor
Therapy



Supervision Group for Outdoor Professionals and Psychotherapists

A Group Facilitated by Clinical Supervisors from the Association of Outdoor Therapy

This online supervision group is for diverse professionals working therapeutically and psychotherapeutically in the outdoors.

The intention is to co-create a space where together we can share, reflect and learn collaboratively, with the hope of developing our practice in the outdoors.

The group is open to professionals in different fields, such as counsellors and psychotherapists, as well as outdoor professionals, forest schools practitioners, rangers, teachers, allied mental health professionals, social workers etc.. We welcome international practitioners.

In this group there will be opportunities to:

- Discuss your outdoor therapeutic practice and its challenges
- Connect meaningfully and explore professional issues with likeminded practitioners
- Consider your professional context and how you might develop it further
- Reflect on your personal experiences of work

The group will be facilitated by Kirsty Weedon (Individual & Group Psychodrama Psychotherapist & Clinical Supervisor) and Katarina Horrox (Art Psychotherapist, Organisational Therapist & Clinical Supervisor), who are experienced in working with individuals and groups, indoors and outdoors.

Dates and pricing

- Monthly on Friday 9.30–11.30am GMT/BST, once a month for ten months
- Dates: 9th October, 13th November, 11th December 2026, 8th January, 12th February, 12th March, 9th April, 14th May, 11th June, 9th July 2027
- General Fee: £550
- AOT / IOL Member Fee: £500
- Reduced Fee: £350 (This is provided that a minimum number of places have been filled)
- Organisational Fee: £700
- Total Continuing Professional Development: 20 hours
- Group size – Maximum 12 people

What happens next?

Please find more information and an application form here:

www.kirstyweedon.co.uk/Online-Outdoor-Supervision-Group/

Please contact us here with any questions here: outdoorsupervisiongroup@gmail.com

www.outdoor-learning.org/resource/supervision-group-for-outdoor-professionals-and-psychotherapists.html