



First Aid courses events offered by IOL Organisational Members

REC 2-day Outdoor First Aid Course

15-16 Oct, 3-4 Dec, 14-15 Jan 27, 4-5 Mar 27, 6-7 May 27, 10- 11 June 27

Arthog Outreach (Telford & Wrekin Council)

Wellington, Telford. £155 includes all course materials, tea + coffee + parking on site.

For information: outreach@arthog.co.uk

REC Outdoor First Aid course

17-18 Oct 2026

Woodlands Adventure. West Midlands

For info: centremanager@woodlandsadventure.co.uk

£140pp includes all course material, plus tea & coffee provided, with parking available on site

1-Day Emergency First Aid at Work- Band 2 - IOL ALIGNED - for hotels; shops; schools, etc. // Minimum 8+ hour '+F' (Forestry accreditation) Courses are also available.

2-Day Emergency First Aid at Work - Band 3 - IOL ALIGNED - validates all Outdoor NGB Awards, Incl. BASI; SCA; MBL; AMI; MTS (ML etc.); Snowsport Scotland, etc.



Various dates 2026 and 2027. Outwardly Mobile First Aid. Established 2000.

Badaguish Centre, Aviemore.

Full details of our courses are on our website and individuals (not requiring an invoice) can apply and pay for courses online. easy payment facility available.

www.outwardlymobile.co.uk

Full details and dates. <https://www.outwardlymobile.co.uk/emergency-first-aid/>

Outdoor First Aid (ITC)

7-8 Jan 2027, 4-5 March 2027

The Mill Adventure Base. Sutton in Ashfield, Notts. £140

01433 650309 FirstAidTraining@nottsgov.uk

[ITC Level 3 Award in Outdoor First Aid \(OFA\)](#)

<https://nottsootdoors.cinolla.com/stmichaels/course/outdoor-first-aid-incident-management-2>

ITC Level 3 Certificate for Forest School Leaders

5/10/26, Forge Learning, Daventry, Northamptonshire

12/10/26, Hartwell Way, Peterborough

19/10/26, Tanner's Lane, Coventry

£800 07807620976 www.forge-learning.co.uk

Paediatric & Outdoor First Aid

14-15 October 2026, 5-6 November, 18-19 November 2026

The Outdoors Group. Exmouth, Devon. £225.00

01392 715940

training@outdoorsgroup.co.uk

<https://www.outdoorsgroup.co.uk/first-aid>

Emergency First Aid at Work + Equestrian

9/11/26

The Unicorn Trust Equestrian Centre, Cheltenham, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

ITC Level 3 Award in Outdoor First Aid

With ITC First at Little Acorns Forest Schools Ltd

28/10, 17/12, Swadlincote, Derbyshire. £150

07724 601147 <https://bookwhen.com/littleacornsforestschoools>

ITC Level 3 Award in Outdoor First Aid

10/10, 12/11, 5/12.2026, Brighton.

with Elements First Aid. £170

T: 01273 707851 <https://www.elementsfirstaid.co.uk/scheduled-courses/>

2-Day Outdoor First Aid (RQF) – IOL Aligned

10 Oct, 5 Dec 2026

Peak at Chasewater Activity Centre, Burntwood, Staffordshire, £150

E: welcome@peak.co.uk

<https://www.peak.co.uk/locations/chasewater-activity-centre/>

Cost: £150

1-Day Emergency First Aid

Monday 5 October 2026 – £110

The Adventure Service, Mansfield Woodhouse

01623 232 102 www.theadventureservice.com/

2-Day Outdoor First Aid

Saturday 14 & Sunday 15 November 2026 – £180

The Adventure Service, Mansfield Woodhouse

01623 232 102 www.theadventureservice.com/

3-Day First Aid at Work

Mondays 7 / 14 / 21 December 2026 – £250

The Adventure Service, Mansfield Woodhouse

01623 232 102 www.theadventureservice.com/

16 Hour Outdoor First Aid

10-11th September, 8-9th October 2026.

DAC Education Ltd, www.daceducation.co.uk, Woodbridge, Suffolk

<https://daceducation.co.uk/product/outdoor-16-hour-first-aid-level-3-vtg/>

Contact: Dave Coyle, 07712423330 email dave@daceducation.co.uk



Outdoor First Aid 2 Days (IOL Accredited)

3/10/26, 14/11/26, 3/12/26, 7/1/27, 9/1/27, 8/2/27, 11/2/27, 11/3/27, 13/3/27, 22/4/27, 24/4/27, 15/5/27, 17/5/27, 10/6/27, 12/6/27

First Aid Training Co-operative. Chatelherault Country Park, Hamilton.

£195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

17/9/26, 19/9/26, 22/10/26, 24/10/26, 21/11/26, 23/11/26, 10/12/26, 14/1/27, 16/1/27, 18/2/27, 20/2/27, 18/3/27, 20/3/27, 22/4/27, 24/4/27, 22/5/27, 24/5/27, 10/6/27, 12/6/27

First Aid Training Co-operative - Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £195.60
0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

5/11/26, 24/4/27, 5/6/27

Fife Cycle Park, Lochgelly £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

6/3/27

Great Glen Hostel, Spean Bridge, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

19/11/26, 6/2/27, 22/4/27

Inverness Youth Hostel, Inverness, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

6/2/27

Perthshire Scout Hall, Perth, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Outdoor First Aid 2 Days (IOL Accredited)

5/11/26, 6/2/27, 29/4/26,

Transition Extreme Sports, Aberdeen, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

Advanced Outdoor First Aid

22/3/27

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Advanced Outdoor First Aid, 1 Day, 8 Hours. These 'bolt-on' courses are for those who want or require more first aid knowledge than our standard 2 day Outdoor First Aid course.

Emergency First Aid at Work + Forestry

26/10/26, 22/2/27, 26/4/27, 14/6/27

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

Emergency First Aid at Work (EFAW) + F. 1 day, 7 hours. Specifically suitable for Forestry Workers and Forestry Contractors, but also Arborists, Landscaping contractors, and Agricultural workers.

Emergency First Aid at Work + Equestrian

18/11/26

Fairoak Grange, Thatcham, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

Emergency First Aid at Work + Equestrian

9/11/26

The Unicorn Trust Equestrian Centre, Cheltenham, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

Emergency First Aid at Work + Equestrian

7/12/26

Rossdale Equine Hospital, Newmarket, £118.80

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

Outdoor First Aid for Forest Schools and Outdoor Woodland Learning

25/2/27, 20/5/27

Bonaly Outdoor Centre, Edinburgh, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

First Aid for Forest School and Outdoor Woodland Learning, 2 Days, 16 Hours A specifically designed course for this sector, suitable for Forest Schools Level 3 leaders and similar qualifications.

Outdoor First Aid for Forest Schools and Outdoor Woodland Learning

16/11/26

Chatelherault Country Park, Hamilton, £195.60

0333 433 0731, courses@fatc.uk firstaidtrainingcooperative.co.uk

First Aid for Forest School and Outdoor Woodland Learning, 2 Days, 16 Hours A specifically designed course for this sector, suitable for Forest Schools Level 3 leaders and similar qualifications.

Level 3 Certificate for Forest School Leaders

7th October 2026 - 13th November 2026

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £1099

T:01743 852100 T:01299 250513

enquiries.bw@field-studies-council.org

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-3-certificate-for-forest-school-leaders/>

Level 2 Award in Forest School Assistants

7th October 2026 - 15th October 2026

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £588

T: 01743 852100 T: 01299 250513

enquiries.bw@field-studies-council.org

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-2-award-in-forest-school-assistants/>

Level 1 Forest School Ethos and Principles

7th October 2026 - 8th October 2026

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £273

T: 01743 852100 T: 01299 250513 enquiries.bw@field-studies-council.org

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-1-forest-school-ethos-and-principles/>

NUCO 16 hr Outdoor First Aid Course and One day emergency Outdoor First Aid

Courses are available throughout the year with discounts for IOL members.

Attitude Swim Coaching Ltd

Venue: Weeton, Preston PR4 3HT. Cost: £125 IOL Member £90

One day emergency Outdoor First Aid also available Sat 13th Cost £70, IOL Member £50.

www.attitudeswimcoaching.org

Forest Schools 16 Hour First Aid (VTQ) - IOL ALIGNED



SA First Aid Training.

Contact for dates. <https://www.safirstaidtraining.com/Contact-Us/>

Prices for 16 hr Forest School First Aid: up to 4 delegates £180 pp incl, up to 6 delegates £150 pp incl, from 6 up to 12 delegates £120 pp incl

Pricing includes First aid kit, certification for Forest school first aid and 12 hour Paediatric First Aid, Forest school casualty cards, Instructor fee and consumables.

<https://www.safirstaidtraining.com/>