



## First Aid courses events offered by IOL Organisational Members

### ITC Level 3 Award in Outdoor First Aid

23/03, 18/4, 18/5, 13/6, 8/7, 22/8, 7/9, 10/10, 12/11, 5/12.2026, Brighton.  
with Elements First Aid. £170

T: 01273 707851

<https://www.elementsfirstaid.co.uk/scheduled-courses/>

### 2-Day Outdoor First Aid (RQF) – IOL Aligned

31 March, 5 Aug, 18 Aug, 10 Oct, 5 Dec 2026

Peak at Chasewater Activity Centre, Burntwood, Staffordshire, £150

E: [welcome@peak.co.uk](mailto:welcome@peak.co.uk)

<https://www.peak.co.uk/locations/chasewater-activity-centre/>

Cost: £150

### 1-Day Emergency Outdoor First Aid

Saturday 21 March 2026 – £110

The Adventure Service, Mansfield Woodhouse

01623 232 102 [www.theadventureservice.com/](http://www.theadventureservice.com/)

### 2-Day Outdoor First Aid

Monday 30 & Tuesday 31 March 2026 – £180

St John's Centre, Chesterfield

01623 232 102 [www.theadventureservice.com/](http://www.theadventureservice.com/)

### 1-Day Emergency First Aid

Thursday 7 May, Monday 5 October 2026 – £110

The Adventure Service, Mansfield Woodhouse

01623 232 102 [www.theadventureservice.com/](http://www.theadventureservice.com/)

### 2-Day Outdoor First Aid

Saturday 14 & Sunday 15 November 2026 – £180

The Adventure Service, Mansfield Woodhouse

01623 232 102 [www.theadventureservice.com/](http://www.theadventureservice.com/)

### 3-Day First Aid at Work

Mondays 7 / 14 / 21 December 2026 – £250

The Adventure Service, Mansfield Woodhouse

01623 232 102 [www.theadventureservice.com/](http://www.theadventureservice.com/)

### 16 Hour Outdoor First Aid

5-6th March, 23-24th April, 14-15th May, 18-19th June, 16-17th July, 15-16th August, 10-11th September, 8-9th October 2026.

DAC Education Ltd, [www.daceducation.co.uk](http://www.daceducation.co.uk), Woodbridge, Suffolk

<https://daceducation.co.uk/product/outdoor-16-hour-first-aid-level-3-vtg/>

Contact: Dave Coyle, 07712423330 email [dave@daceducation.co.uk](mailto:dave@daceducation.co.uk)

### **ITC Level 3 Award in Outdoor First Aid**

with React First. Var venues in London. £216.

10/3, 19/3, 14/4, 18/4, 29/4, 9/5, 13/5, 19/5

T: 0207 193 2608

<https://www.reactfirst.co.uk/first-aid-course/16hr-outdoor-first-aid-course/61.htm>

### **Outdoor 2 day First Aid Course**

5<sup>th</sup> & 6<sup>th</sup> March 2026, 7<sup>th</sup> & 8<sup>th</sup> May 2026, 11<sup>th</sup> & 12<sup>th</sup> June 2026

Telford & Wrekin Council. Arthog Outreach, Wellington, Telford. £150.

[outreach@arthog.co.uk](mailto:outreach@arthog.co.uk), Booking site: [Telford Business Services](https://www.telfordbusinessservices.co.uk), Web Address: [www.arthog.co.uk](http://www.arthog.co.uk)



### **Outdoor First Aid 2 Days (IOL Accredited)**

12/3/26, 14/3/26, 23/4/26, 25/4/26, 14/5/26, 16/5/26, 11/6/26,  
13/6/26, 20/8/26, 22/8/26, 10/9/26, 12/9/26, 1/10/26, 3/10/26,  
14/11/26, 3/12/26, 7/1/27, 9/1/27, 8/2/27, 11/2/27, 11/3/27,  
13/3/27, 22/4/27, 24/4/27, 15/5/27, 17/5/27, 10/6/27, 12/6/27

First Aid Training Co-operative. Chatelherault Country Park, Hamilton. £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

### **Outdoor First Aid 2 Days (IOL Accredited)**

19/3/26, 21/3/26, 23/4/26, 25/4/26, 21/5/26, 23/5/26, 11/6/26, 13/6/26, 1/8/26, 20/8/26, 22/8/26, 17/9/26,  
19/9/26, 22/10/26, 24/10/26, 21/11/26, 23/11/26, 10/12/26, 14/1/27, 16/1/27, 18/2/27, 20/2/27, 18/3/27,  
20/3/27, 22/4/27, 24/4/27, 22/5/27, 24/5/27, 10/6/27, 12/6/27

First Aid Training Co-operative - Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

### **Outdoor First Aid 2 Days (IOL Accredited)**

25/4/26, 6/6/26, 5/11/26, 24/4/27, 5/6/27

Fife Cycle Park, Lochgelly £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

### **Outdoor First Aid 2 Days (IOL Accredited)**

7/3/26, 26/6/26, 6/3/27

Great Glen Hostel, Spean Bridge, £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

### **Outdoor First Aid 2 Days (IOL Accredited)**

23/4/26, 22/8/26, 19/11/26, 6/2/27, 22/4/27

Inverness Youth Hostel, Inverness, £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

### **Outdoor First Aid 2 Days (IOL Accredited)**

5/9/26, 6/2/27

Perthshire Scout Hall, Perth, £195.60

0333 433 0731, [courses@fatc.uk](mailto:courses@fatc.uk) [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

**Outdoor First Aid 2 Days (IOL Accredited)**

30/4/26, 27/8/26, 5/11/26, 6/2/27, 29/4/26,

Transition Extreme Sports, Aberdeen, £195.60

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

**Advanced Outdoor First Aid**

23/3/26, 21/9/26, 22/3/27

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Advanced Outdoor First Aid, 1 Day, 8 Hours. These 'bolt-on' courses are for those who want or require more first aid knowledge than our standard 2 day Outdoor First Aid course.

**Emergency First Aid at Work**

27/4/26, 15/6/26

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Emergency First Aid at Work, 1 day, 6 hours. Designed for low risk workplaces covering Basic First Aid skills and the roles and responsibilities of the Appointed Person.

**Emergency First Aid at Work + Forestry**

27/4/26, 15/6/26, 26/10/26, 22/2/27, 26/4/27, 14/6/27

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

Emergency First Aid at Work (EFAW) + F. 1 day, 7 hours. Specifically suitable for Forestry Workers and Forestry Contractors, but also Arborists, Landscaping contractors, and Agricultural workers.

**Emergency First Aid at Work + Equestrian**

13/5/26, 19/8/26, 18/11/26

Fairoak Grange, Thatcham, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

**Emergency First Aid at Work + Equestrian**

9/3/26, 22/6/26, 28/9/26

Solihull Riding Club, Solihull, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

**Emergency First Aid at Work + Equestrian**

20/4/26, 9/11/26

The Unicorn Trust Equestrian Centre, Cheltenham, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

**Emergency First Aid at Work + Equestrian**

20/4/26, 22/6/26, 21/9/26, 7/12/26

Rossdales Equine Hospital, Newmarket, £118.80

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content

### **Outdoor First Aid for Forest Schools and Outdoor Woodland Learning**

26/2/26, 21/5/26, 7/9/26, 25/2/27, 20/5/27

Bonaly Outdoor Centre, Edinburgh, £195.60

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

First Aid for Forest School and Outdoor Woodland Learning, 2 Days, 16 Hours A specifically designed course for this sector, suitable for Forest Schools Level 3 leaders and similar qualifications.

### **Outdoor First Aid for Forest Schools and Outdoor Woodland Learning**

16/11/26

Chatelherault Country Park, Hamilton, £195.60

0333 433 0731, courses@fatc.uk [firstaidtrainingcooperative.co.uk](http://firstaidtrainingcooperative.co.uk)

First Aid for Forest School and Outdoor Woodland Learning, 2 Days, 16 Hours A specifically designed course for this sector, suitable for Forest Schools Level 3 leaders and similar qualifications.

### **Level 3 Certificate for Forest School Leaders**

**7th October 2026 - 13th November 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £1099

T:01743 852100 T:01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-3-certificate-for-forest-school-leaders/>

### **Level 2 Award in Forest School Assistants**

**7th October 2026 - 15th October 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £588

T: 01743 852100 T: 01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-2-award-in-forest-school-assistants/>

### **Level 1 Forest School Ethos and Principles**

**7th October 2026 - 8th October 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £273

T: 01743 852100 T: 01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-1-forest-school-ethos-and-principles/>

### **16 Hours Outdoor First Aid Course**

7-8 Mar

Moray Sports Centre, Linkwood, Elgin

Karen Cox, 01343 549571 #1 [karen.cox@outfitmoray.com](mailto:karen.cox@outfitmoray.com) [www.outfitmoray.com/first-aid-courses](http://www.outfitmoray.com/first-aid-courses)

<https://bit.ly/outfit-moray-first-aid>

### **NUCO 16 hr Outdoor First Aid Course and One day emergency Outdoor First Aid**

Courses are available throughout the year with discounts for IOL members.

Attitude Swim Coaching Ltd

Venue: Weeton, Preston PR4 3HT. Cost: £125 IOL Member £90

One day emergency Outdoor First Aid also available Sat 13th Cost £70, IOL Member £50.

[www.attitudeswimcoaching.org](http://www.attitudeswimcoaching.org)

### **Outdoor First Aid (ITC)**

Wed 25th & Thurs 26th March 2026

Notts Outdoors. Sutton in Ashfield, Nottinghamshire. £135.

01433 650309

[FirstAidTraining@nottsc.gov.uk](mailto:FirstAidTraining@nottsc.gov.uk)

<https://nottsootdoors.cinolla.com/stmichaels/course/outdoor-first-aid-incident-management-2>

**1-Day Emergency First Aid at Work- Band 2 - IOL ALIGNED**

**2-Day Emergency First Aid at Work - Band 3 - IOL ALIGNED**



Outwardly Mobile First Aid.

Aviemore.

Full details and dates. <https://www.outwardlymobile.co.uk/emergency-first-aid/>

**Forest Schools 16 Hour First Aid (VTQ) - IOL ALIGNED**



SA First Aid Training.

Contact for dates. <https://www.safirstaidtraining.com/Contact-Us/>

Prices for 16 hr Forest School First Aid: up to 4 delegates £180 pp incl, up to 6 delegates £150 pp incl, from 6 up to 12 delegates £120 pp incl

Pricing includes First aid kit, certification for Forest school first aid and 12 hour Paediatric First Aid, Forest school casualty cards, Instructor fee and consumables.

<https://www.safirstaidtraining.com/>