



Inaugural Meeting All Party Parliamentary Group for Outdoor Learning
11.30am to 12.30 pm - 29th October 2025
Room M, Portcullis House. Westminster

The APPG outdoor Learning is holding its inaugural meeting on 29th October and please do share this invite with your constituency MP. If you need their contact details please go to [Outdoor Learning Digital Map](#)

The APPG for Outdoor Learning is building on the distinguished heritage of outdoor learning in the UK and is responding to the challenges facing young people today.

Through outdoor learning we support the development of sustainable behaviours in children, young people and adults which lead to

- Personal happiness, health & wellbeing and self-fulfilment
- Preparedness for work and economic independence
- Readiness for active stewardship and citizenship

Outdoor Learning enhances confidence, social skills, communication, motivation and physical skills and it improves self-esteem, self-confidence, knowledge and understanding. It also raises the ability to work cooperatively and creates a positive attitude to learning. Learning outdoors improves physical health, mental health and the development of key skills and problem solving.

The APPG for Outdoor Learning aims to work with professionals to develop evidenced based practice and improve the value of delivery.

At the inaugural meeting there will be two presentations.

Presentation 1

Evidence and opportunities for improving children's and young people's mental health and wellbeing through outdoor learning pathways.

Dr Kaye Richards

Chair of the Association of Outdoor Therapy, Senior Lecturer in Psychology Liverpool, John Moores University

Presentation 2

Case study, UK Government funded 'Adventure Away from Home 2025'

David Watts, Director of Outdoor Learning, UK Youth

An All Party Parliamentary Group (APPG) consists of Members of both Houses who join together to pursue a particular topic or interest. The IOL is the Secretariat for the APPG for Outdoor Learning.

[All Party Parliamentary Group - Outdoor Learning](https://www.outdoor-learning.org/voice/government-engagement/appg-ol.html)
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