



## First Aid courses events offered by IOL Organisational Members

### Outdoor 2 day First Aid Course

5<sup>th</sup> & 6<sup>th</sup> March 2026, 7<sup>th</sup> & 8<sup>th</sup> May 2026, 11<sup>th</sup> & 12<sup>th</sup> June 2026

Telford & Wrekin Council. Arthog Outreach, Wellington, Telford. £150.

[outreach@arthog.co.uk](mailto:outreach@arthog.co.uk), Booking site: [Telford Business Services](https://www.telfordbusinessservices.co.uk), Web Address: [www.arthog.co.uk](http://www.arthog.co.uk)



### Advanced Outdoor First Aid

**23/3/2026**

First Aid Training Co-operative. Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £118.80.

Advanced Outdoor First Aid, 1 Day, 8 Hours. These 'bolt-on' courses are for those who want or require more first aid

knowledge than our standard 2 day Outdoor First Aid course.

T: 0333 433 0731 [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

### Emergency First Aid at Work

**23/2/26, 27/4/26, 15/6/26**

First Aid Training Co-operative. Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £118.80

Emergency First Aid at Work, 1 day, 6 hours. Designed for low risk workplaces covering Basic First Aid skills and the roles and responsibilities of the Appointed Person.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

### Emergency First Aid at Work + Forestry

**23/2/26, 27/4/26, 15/6/26**

First Aid Training Co-operative. Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £118.80

Emergency First Aid at Work (EFAW) + F. 1 day, 7 hours. Specifically suitable for Forestry Workers and Forestry Contractors, but also Arborists, Landscaping contractors, and Agricultural workers.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

### Emergency First Aid at Work + Equestrian

**25/2/26, 13/5/26, 19/8/26, 18/11/26**

First Aid Training Co-operative, Fair Oak Grange, Thatcham. £118.80

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

### Emergency First Aid at Work + Equestrian

**9/3/26, 22/6/26, 28/9/26**

First Aid Training Co-operative. Solihull Riding Club, Solihull, B93 8QE. £118.80

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>



#### **Emergency First Aid at Work + Equestrian**

**20/4/26, 9/11/26**

First Aid Training Co-operative. The Unicorn Trust Equestrian Centre, Cheltenham. £118.80

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

#### **Emergency First Aid at Work + Equestrian**

**16/2/26, 20/4/26, 22/6/26, 21/9/26, 7/12/26**

First Aid Training Co-operative. Rosssdales Equine Hospital, Newmarket. £118.80

An HSE compliant Emergency First Aid at Work (EFAW) course, 1 day, 7 hours. This course includes the full EFAW syllabus, plus added Equestrian specific content.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

#### **Outdoor First Aid 2 Days - IOL Accredited**

**4/12/25, 8/1/26, 10/1/26, 12/2/26, 12/3/26, 14/3/26, 23/4/26, 25/4/26, 14/5/26, 16/5/26, 11/6/26, 13/6/26**

First Aid Training Co-operative. Chatelherault Country Park, Hamilton. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

#### **Outdoor First Aid 2 Days - IOL Accredited**

**11/12/25, 15/1/26, 17/1/26, 19/2/26, 21/2/26, 19/3/26, 21/3/26, 23/4/26, 25/4/26, 21/5/26, 23/5/26, 11/6/26, 13/6/26**

Edinburgh International Climbing Arena (EICA), Ratho, Edinburgh. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

#### **Outdoor First Aid 2 Days - IOL Accredited**

**25/4/26, 6/6/26**

First Aid Training Co-operative. Fife Cycle Park, Lochgelly. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

#### **Outdoor First Aid 2 Days - IOL Accredited**

**7/3/26**

First Aid Training Co-operative. Great Glen Hostel, Spean Bridge. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>



**Outdoor First Aid 2 Days - IOL Accredited**

**7/2/26, 23/4/26**

First Aid Training Co-operative. Inverness Youth Hostel, Inverness. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

**Outdoor First Aid 2 Days - IOL Accredited**

**7/2/26**

First Aid Training Co-operative. Perthshire Scout Hall, Perth, PH1 1BP. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

**Outdoor First Aid 2 Days - IOL Accredited**

**7/2/26, 30/4/26**

First Aid Training Co-operative. Transition Extreme Sports, Aberdeen. £195.60

Outdoor First Aid Course, 2 Days, 16 Hours. For all types of outdoor practitioner and featuring multiple outdoor scenarios. Covers all National Governing Body requirements for First Aid.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

**Outdoor First Aid for Forest Schools and Outdoor Woodland Learning**

**26/2/26, 21/5/26**

First Aid Training Co-operative. Bonaly Outdoor Centre, Edinburgh. £195.60

First Aid for Forest School and Outdoor Woodland Learning, 2 Days, 16 Hours A specifically designed course for this sector, suitable for Forest Schools Level 3 leaders and similar qualifications.

T: 0333 433 0731, [courses@firstaidtrainingcooperative.co.uk](mailto:courses@firstaidtrainingcooperative.co.uk)

<https://firstaidtrainingcooperative.co.uk>

**Level 3 Certificate for Forest School Leaders**

**19th January 2026 - 5th March 2026**

**7th October 2026 - 13th November 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £1099

T: 01743 852100 T: 01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-3-certificate-for-forest-school-leaders/>

**Level 2 Award in Forest School Assistants**

**19th January 2026 - 27th January 2026**

**7th October 2026 - 15th October 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £588

T: 01743 852100 T: 01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-2-award-in-forest-school-assistants/>



### **Level 1 Forest School Ethos and Principles**

**19th January 2026 - 20th January 2026**

**7th October 2026 - 8th October 2026**

Field Studies Council. Bishops Wood, Stourport-on-Severn, DY13 9SE. £273

T: 01743 852100 T: 01299 250513

[enquiries.bw@field-studies-council.org](mailto:enquiries.bw@field-studies-council.org)

<https://www.field-studies-council.org/courses-and-experiences/static-courses/level-1-forest-school-ethos-and-principles/>

### **16 Hours Outdoor First Aid Course**

24-25 Jan, 7-8 Mar

Moray Sports Centre, Linkwood, Elgin

Karen Cox, 01343 549571 #1 [karen.cox@outfitmoray.com](mailto:karen.cox@outfitmoray.com) [www.outfitmoray.com/first-aid-courses](http://www.outfitmoray.com/first-aid-courses)

<https://bit.ly/outfit-moray-first-aid>

### **NUCO 16 hr Outdoor First Aid Course and One day emergency Outdoor First Aid**

Courses are available throughout the year with discounts for IOL members.

Attitude Swim Coaching Ltd

Venue: Weeton, Preston PR4 3HT. Cost: £125 IOL Member £90

One day emergency Outdoor First Aid also available Sat 13th Cost £70, IOL Member £50.

[www.attitudeswimcoaching.org](http://www.attitudeswimcoaching.org)

### **ITC Level 3 Award in Outdoor First Aid**

20 Oct, 6 Nov, 1 Dec 2025

Elements First Aid. Brighton, E. Sussex. £170.

01273 707851

<https://www.elementsfirstaid.co.uk/scheduled-courses>

### **Outdoor First Aid (ITC)**

Thu 22nd & Fri 23rd Jan 2026, Wed 25th & Thurs 26th March 2026

Notts Outdoors. Sutton in Ashfield, Nottinghamshire. £135.

01433 650309

[FirstAidTraining@nottscg.gov.uk](mailto:FirstAidTraining@nottscg.gov.uk)

<https://nottsoutdoors.cinolla.com/stmichaels/course/outdoor-first-aid-incident-management-2>

### **1-Day Emergency First Aid at Work- Band 2 - IOL ALIGNED**

### **2-Day Emergency First Aid at Work - Band 3 - IOL ALIGNED**



Outwardly Mobile First Aid.

Aviemore.

Full details and dates. <https://www.outwardlymobile.co.uk/emergency-first-aid/>

## Forest Schools 16 Hour First Aid (VTQ) - IOL ALIGNED



SA First Aid Training.

Contact for dates. <https://www.safirstaidtraining.com/Contact-Us/>

Prices for 16 hr Forest School First Aid: up to 4 delegates £180 pp incl, up to 6 delegates £150 pp incl, from 6 up to 12 delegates £120 pp incl

Pricing includes First aid kit, certification for Forest school first aid and 12 hour Paediatric First Aid, Forest school casualty cards, Instructor fee and consumables.

<https://www.safirstaidtraining.com/>