

## Wellbeing benefits of Outdoor Education

### Westminster Drop-In Event 1<sup>st</sup> April

Thank you to all those MP's who attended the Outdoor Learning drop-in event on 1<sup>st</sup> April 2025. There was extensive discussion about the many benefits of children and young people engaging in outdoor learning, especially in relation to mental health, educational engagement, and healthy lifestyles. There was also challenging discussion about the lack of opportunity for some to access these benefits and the increasing pressure on the existing funds to support that access.

The drop-in also provided an opportunity for MPs to support an Early Day Motion calling for a review of the value of outdoor learning benefits. We look forward to the re-launch of the APPG for Outdoor Learning in May 2025 and further support for all children and young people to benefit from outdoor learning throughout their formative years.

Please do continue to write to your constituency MP and share with them your thoughts about the benefits of outdoor learning or go in person to their surgery and meet them in person. MPs were interested to find out about outdoor learning providers in their constituencies and are already following up with visits.

Remember to check in with the [Government Engagement](#) webpages and submit your details [here](#) for inclusion on the Outdoor Learning Digital Map which shows constituencies, MPs and Outdoor Learning Providers and Leading Practitioners of the IOL

**Outdoor Learning  
Early Day Motion 944**

**Wellbeing benefits of outdoor education to young people**  
That this House recognises the significant benefits of **outdoor learning for children and young people**; urges the Secretary of State to undertake a **review of the value of those benefits**;

Notes that **more time learning outdoors** provides an opportunity for children to learn skills and characteristics to cope with many of the societal problems of climate change, worsening child mental health, and high child obesity levels;

Further notes that there is significant evidence that **outdoor learning and youth work** enables better engagement with education, builds pro-environmental behaviours from a young age, and establishes team work and resilience in young people;

Recognises that practices build on a long heritage of outdoor learning in the UK with global significance.

*‘Outdoor learning is incredibly important... I believe that children having time outside and learning about the outdoors is vital to their long-term development. Outdoor time helps combat physical and mental health problems later in life and provides a good foundation for children to learn about what it takes to care for our environment.’* MP Stuart Anderson

*‘Outdoor education can boost confidence, build resilience and change lives.’* MP Tim Farron

**Attending MP**

Tim Farron  
Neil Hudson  
Roger Gale  
Kevin Hollinrake  
Greg Stafford  
Nigel Huddleston  
John Lamont  
Shockat Adam  
Phil Brickell  
John Whitby  
Jonathan Pearce  
Anna McMorrin  
Tonia Antoniazzi  
Rebecca Long-Bailey  
Markus Campbell-Savours  
Kirith Entwistle  
Julie Minns  
Irene Campbell  
Michael Wheeler  
Maya Ellis  
Rachel Maskell  
Edward Morello  
Olly Glover  
Adam Dance  
Sarah Dyke  
Helen Maguire  
Roz Savage  
Rachel Gilmour  
Liz Saville-Roberts

**Constituency**

South Lakes  
Epping Forest  
Herne Bay & Sandwich  
Thirsk & Malton  
Farnham & Bordon  
Droitwich & Evesham  
Berwickshire  
Leicester South  
Bolton West  
Derbyshire Dales  
High Peak  
Cardiff North  
Gower  
Salford  
Penrith & Solway  
Bolton North East  
Carlisle  
North Ayrshire & Arran  
Worsley & Eccles  
Ribble Valley  
York Central  
West Dorset  
Didcot & Wantage  
Yeovil  
Glastonbury & Somerton  
Epsom & Ewell  
South Cotswolds  
Tiverton & Minehead  
Dwyfor Meirionnydd

**Party**

Lib Dem  
Conservative  
Conservative  
Conservative  
Conservative  
Conservative  
Independent  
Labour  
Labour  
Labour  
Labour  
Labour  
Labour  
Labour  
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Lib Dem  
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Lib Dem  
Lib Dem  
Lib Dem  
Plaid Cymru

**Apologies**

Stuart Anderson  
Josh MacAlister  
Tessa Munt  
South Shropshire  
Whitehaven and Workington  
Wells and Mendip Hills

Conservative  
Labour  
Lib Dem



MP Tim Farron, the MP Support Group Secretariat and Youth Ambassadors.

From left to right,

Tim Taylor, Andy Robinson, Jo Barnett, MP Tim Farron, Beyan Joshy, Folusho Bello, Freya Kenny, David Watts and Laura Cunliffe-Hall