

# Rites of Passage and Vision Quests for Modern Day Youth

## A Practitioners Practical Training Workshop

### Programme Content:

- Understanding the theory behind Rites of Passage – looking at the soft skills needed to make this both effective and appropriate for the young person.
- Participating in a variety of Rites of Passage:
  - i) Natures Jehari Window and Door ceremony;
  - ii) Landscape cleansing ritual;
  - iii) Building and participating in a Sweat Lodge undertaking a Joining with Ancestor ceremony;
  - iv) 24 Hour solo vision quest – The Lakota way;
  - v) Connecting with the inner self through nature's natural imagery;
  - vi) The power of the written word ceremony;
  - vii) The Cheyenne Shield Images ceremony.
- Therapeutic ways of using Nature and the Natural Environment – outdoor group work soft skills and re-inventing the new you approach.
- Wilderness survival techniques that enhance the Rite of Passage Wilderness experience.
- Using music to create individual and group awareness of the self within nature.
- And much more.

Venue: Middle Wood, Lancashire

Cost: £460 pr person

Time: Sunday 7<sup>th</sup> – 14<sup>th</sup> Sept. 2008