

First Aid Training

Outdoor Emergency First Aid and Incident Management

Do you work with groups in the outdoors?
Do you need to revalidate your first aid certificate?

Suitable for; **ML, SPA, BCU, RYA, BOF, MIA, MIC, School journey leader, MIDAS drivers, Duke of Edinburgh leaders, Countryside Rangers,**

Course dates

2008

July 17/18	Keswick
Sept 20/21	Keswick
October 2/3	Kendal
November 3/4	Dorking, Surrey
December 4/5	Keswick

2009

January 8/9	Kendal
March 7/8	Keswick
April 2/3	Kendal

Course fee £110

For more information or to book contact
www.cory-jones.com/firstaid

Cory Jones on: 0844 3571426 or firstaid@cory-jones.com

Course participants will receive a certificate valid for 3 years. HSE Provider
Number 1670/96

Outdoor Emergency First Aid and Incident Management courses

Focuses on managing incidents both on-site and away from your base.

Course contents;

Assessment of casualty

Accident procedure
Bleeding & Shock
CPR
Treatment of sprain and strains
Minor Fractures & injury
Head, torso injury & treatment
Medical emergencies
Hypo & Hyperthermia
Bites and Stings
Triage
Incident management
Practical scenarios indoors and outdoors
What do I do if I am remote?

Trainers for these courses follow a nationally approved programme to deliver fun, interactive and relevant training for specific groups of workers.

This is a 16 hours course accredited by Qualification and Curriculum Authority (QCA) and is listed on the National Qualifications Framework (NQF) at Level 2. Cory Jones Associates is approved by the Health and Safety Executive (HSE), through IT, as a recognised First Aid provider as part of their First Aid Approvals & Monitoring Section (FAAMS). Approval number 1670/96.

We also run the following courses:

- Paediatric first aid (for those working with the under 8's)
- First Aid at Work (four day course in three days)
- Appointed person (one day course)
- First Aid for expedition leaders
- First Aid trainers course

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